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**Unwrap The Secrets Of Sushi:  
“Sushi 101” At Las Colinas Benihana  
Teaches You How To Roll Your Own**

**LAS COLINAS, Texas (Mar. 9, 2009)** – If you’ve ever wanted to make your own sushi, here’s your chance to unwrap the secrets of sushi rolling, and enjoy a delicious meal at Benihana’s “Sushi 101” event on Monday, April 6 at 7 p.m.

While sushi, one of the fastest-growing food trends in America, still might seem like a delicacy from Asia, Las Colinas Benihana Restaurant Manager Susan Bian explained, “People don’t realize how easy and how much fun it is to make sushi. Our ‘Sushi 101’ class will teach participants the skills and techniques they’ll need to make sushi at home.”

“Sushi 101” includes a history of sushi and lessons in the art of ordering, rolling and eating it. Participants will have their choice of making two of Benihana’s three most popular rolls -- the California roll, Philadelphia roll or spicy tuna roll -- under the watchful eye of a Benihana master sushi chef. The “Sushi 101” package also includes dinner featuring edamame appetizer, tuna roll, half a shrimp crunchy roll, sushi and sashimi plus a sake sampler flight all for just \$40 per person.

To enroll in “Sushi 101,” or for more information, please call (972) 550-0060. Benihana’s Las Colinas restaurant is located at 5400 Whitehall Street.

**About Benihana**

Benihana Inc. (NASDAQ GS: BNHN and BNHNA) operates 64 Benihana teppanyaki restaurants, nine Haru restaurants, and twenty-two RA Sushi restaurants. Under development at present are nine restaurants: four Benihana teppanyaki restaurants and five RA Sushi restaurants. In addition, twenty-one franchised Benihana teppanyaki restaurants are operating in the U.S., Latin America and the Caribbean.

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