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**Media Contacts:**

Danny Jovic, 954-776-1999, ext. 226

[djovic@piersongrant.com](mailto:djovic@piersongrant.com)

Jane Grant, 954-776-1999, ext. 224

[jgrant@piersongrant.com](mailto:jgrant@piersongrant.com)

**Unwrap The Secrets Of Sushi:  
“Sushi 101” At Carlsbad Benihana  
Teaches You How To Roll Your Own**

**CARLSBAD, Calif. (August 29, 2008)** – If you’ve ever wanted to make your own sushi, here’s your chance to unwrap the secrets of sushi rolling, and enjoy a delicious meal at Benihana’s “Sushi 101” event on Tuesday, September 23 at 6 p.m.

While sushi, one of the fastest-growing food trends in America, still might seem like a delicacy from Asia, Carlsbad Benihana Restaurant Manager Alex Glanzman explained, “People don’t realize how easy and how much fun it is to make sushi. Our ‘Sushi 101’ class will teach participants the skills and techniques they’ll need to make sushi at home.”

“Sushi 101” includes a history of sushi and lessons in the art of ordering, rolling and eating it. Participants will make and eat three of Benihana’s most popular rolls -- the California roll, Shrimp Lover’s roll and Spicy Tuna handroll -- under the watchful eye of a Benihana master sushi chef. The “Sushi 101” package also includes dinner featuring Benihana’s salad, miso soup, edamame, and shrimp tempura followed by dessert, all for just \$40.

To enroll in “Sushi 101,” to book a private “Sushi 101” party or for more information, call 760-929-8311. Benihana’s Carlsbad restaurant is located at 755 Raintree Drive, on the corner of Poinsettia Lane and Avenida Encinas (just west of the I-5).

**About Benihana**

Benihana Inc. (NASDAQ: NMS: BNHN and BNHNA) operates 60 Benihana teppanyaki restaurants, nine Haru restaurants, and twenty-one Ra Sushi restaurants. Under development at present are fourteen restaurants: eight Benihana teppanyaki restaurants and six RA Sushi restaurants. In addition, nineteen franchised Benihana teppanyaki restaurants are operating in the U.S., Latin America and the Caribbean.

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